2019 Arkansas **Gymnastics Camps**

Razorback Camp: June 21-23 Razorback High Performance Camp: June 28-30

Please join us this summer as we host our 17th annual Razorback Gymnastics Camp on the campus of the University of Arkansas. We offer a comprehensive and fun program for recreational, compulsory, and optional level gymnastics. Campers will be instructed on all four events as well as dance, nutrition, and trampoline. There will be open gym and recreational activities to balance out the camp experience.

This camp is open to any and all entrants who meet the following criteria:

> This is a girl's gymnastics camp only. Day campers: Ages 7 and up Resident campers: Ages 9 and up Previous gymnastics experience is recommended.

Gymnasts will train in the Bev Lewis Center and the Razorback Gymnastics Competition Venue, Barnhill Arena. The Bev Lewis Center is a multi-million dollar facility and is home of the Razorback Gymnastics Team. The 15,000 square foot air-conditioned facility is considered one of the finest facilities in the country and includes a fully equipped training room, 3 foam pit areas, and other state of the art gymnastics equipment.



Arkansas Gymnastics Camp for Girls 101 Bev Lewis Center





CAMP REGISTRATION MEET THE STAFE TENTATIVE CAMP

RAZORBACK CAMP: JUNE 21-23

☐ OVERNIGHT \$450 (ALL MEALS) ☐ DAY \$350 (LUNCH) \$15 GROUP DISCOUNT (10+ FROM SAME GYM) \$50 DISCOUNT FOR ATHLETIC DEPT STAFF

RAZORBACK HIGH PERFORMANCE CAMP: JUNE 28-30

Highly recommended for minimum 1 competitive season of level 7+ due to the intensity and skill instruction of this camp.

☐ OVERNIGHT \$450 (ALL MEALS) ☐ DAY \$350 (LUNCH) \$15 GROUP DISCOUNT (10+ FROM SAME GYM) \$50 DISCOUNT FOR ATHLETIC DEPT STAFF

EMAIL KLL002@UARK.EDU FOR MORE DISCOUNT INFO

CAMPERS MUST BE AT LEAST 9 YEARS OF AGE TO BE AN OVERNIGHT CAMPER

CAMPER'S NAME	AGE
PARENT OR LEGAL GUARDIAN	
ADDRESS	
PHONE #	
EMAIL ADDRESS	
GYMNASTICS CLUB	LEVEL COMPLETED IN 2018-2019

T-shirt Size: INCLUDED IN PRICE (Please Circle) CM CL AS AM AL

Waiver of Liability

For consideration of my child's participation in the 2019
Razorback Gymnastics Camp, I hereby agree that I will not hold
the Razorback Gymnastics Camp or its workers responsibility for
any losses, damages, or personal injuries my child may receive as
a result of participation. This waiver of liability expressly includes
transportation to and from, or in connection with said camp, in
any vehicle operated by the staff of the Razorback Gymnastics
Camp.

Parent/Guardian Signature

Date

JAIME ARMBRUST Associate Head Coach



- 2018 NCAA South Central Region Assistant Coach of the Year
 2 Second Team All-Americans
- 2 NACGC/W Regular Season All-Americans
- 6 All-SEC Team Selections
- Led Arkansas to its first two Super Six appearances, four NCAA Championship appearances and three top-10 finishes as an athlete
- Earned a school record 13 All-America honors
- 2012 SEC Gymnast of the Year
- 2011 South Central Gymnast of the Year
- Won 94 individual career titles

GARRETT GRIFFETH Associate Head Coach



- Helped TWU win the 2017 USA Gymnastics Collegiate National Championship
- 2017 MIC Assistant Coach of the Year
- Coached 2 All-SEC student athletes on Vault in 2018
- Coached an All American student athlete on Vault in 2018
- Helped coach the 2018 Arkansas Gymnastics team to a Top 10 finish at the NCAA Championship

COURTNEY McCOOL GRIFFETH Volunteer Assistant Coach



- Silver medalist for the 2004 Olympic Gymnastics
 Team
- 3 Time NCAA Team Champions @ Georgia
- 2008 NCAA Floor Champion
- 2010 SEC Floor Champion
- 3 Time First Team All- America honors
 Helped TWU win the 2017 USA Gymnastics
- Collegiate National Championships
- Primarily coaches floor and choreography for the Razorbacks

Joining the staff will be current and former Razorback gymnasts along with some of the top club coaches from around the country.

CAMP PACKET

Upon receipt of deposit, each camper will receive a packet of information. All listed forms and payment must be turned in prior to participation:

- Medical Forms
- University Waiver
- Skill Sheet
- Copy of insurance card

AIR TRAVEL

Overnight campers arriving via air to XNA must arrange airport to campus transportation with Kelci Gatling once flights have been purchased. Prices vary based on number of individuals sharing the shuttle. The company we use is Jim's Shuttle and they will take great care of your athletes.

DORMS AND ROOMMATES

Overnight campers will be staying at the Maple Hill dorms located on the corner of Razorback and Cleveland. Gymnasts will have supervision from camp staff and counselors at all times. Roommate requests are to be made on the camp application. Make sure your roommate puts you down on their application as well. The dorms are designed for 2 girls/ room. You may request a suite that includes 2 rooms (4 girls). Anyone who does not specify a roommate will be paired with someone of similar age.

LEOTARDS

Leotard purchase is optional. The order forms will be included in the camp packet. To ensure pick up at camp, please turn in all forms by MAY $1\,\text{\'s}$.

FRIDAY (NO LUNCH PROVIDED)

12:00-1:00 pm

1:15- 3:45 pm

4:00 pm

5:00 pm

TRIDAT (NO LONG	TENOVIDED
11:00-12:00 pm	RESIDENT Camper Registration @ Barnhill
12:00- 12:45 pm	DAY Camper Registration @ Barnhill
1:00- 1:30 pm	Introduction and Camp Meeting (Athletes
	in Bev, Parents Barnhill)
1:30- 5:30* pm	Gymnastics Training
*Day Campers MUST be picked up at this time	
5:30- 6:30 pm	Dinner for RESIDENTS ONLY
6:30-7:30 pm	RESIDENT Evening Activities (open
	gym/swim)
7:30 pm	Return to Dorms
SATURDAY	
8:00- 8:45 pm	RESIDENT Breakfast
9:00-12:00 pm	Gymnastics Training
12:00-1:00 pm	Lunch Break (provided for ALL)
1:15-5:00*pm	Gymnastics Training
*Day Campers MUST be picked up at this time	
5:15-6:15 pm	RESIDENT Dinner
6:30-7:30 pm	RESIDENT Evening Activities (open
	gym/swim)
SUNDAY	
8:00-8:45 am	RESIDENT Breakfast
9:00-12:00 pm	Gymnastics Training

TO REGISTER ONLINE OR PAY WITH A CREDIT CARD, PLEASE GO TO:

Gymnastics Training

CAMP FNDS

Presentation in Barnhill

Lunch Break (provided for ALL)

Arkansasgymnasticscamp.com

NOTE: DEPOSITS CAN BE MADE ONLINE

PLEASE MAKE CHECKS PAYABLE TO:

ARKANSAS GYMNASTICS CAMP FOR GIRLS

MAILING ADDRESS:

Arkansas Gymnastics Camp for Girls ATTN: KELCI GATLING 101 Bev Lewis Center Fayetteville, AR 72701

FOR QUESTIONS, PLEASE CONTACT:

Kelci Gatling

Office: (479) 575-4479 ● Fax: (479) 575-2203

KLL002@uark.edu

Participants are not contracting with the University of Arkansas or the State of Arkansas with regard to participating in this camp, and the University of Arkansas and the State of Arkansas do not run or have any responsibility for the camp.